

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

Dr. A. Manu-Marin  
Gerota Hospital  
Bucharest (Romania)

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Observational Study

Primary End Point:

Efficacy on Cystistat on Pain

Secondary End Points:

Comparison of Urinary Volumes and Frequency  
before and after therapy

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Method

8 Weekly Instillations

12 Weeks follow-up (8 + 4)

Product into the bladder for at least 1 h.

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Inclusion Criteria

VAS at inclusion between 7 and 9  
> 10 urinations per day and > 1 at night  
Evolution between 1 and 3 years  
Post-Urination residue < 100 mL  
Sterile urine culture

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Results Primary End

VAS values:

Baseline	8'2	
Week 4	4'1	
Week 8	2'1	(SS)
Week 12	2'3	

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Results Secondary End

- Decrease in urination frequency by 1-4 urinations per day
- No significant changes in mean urinary volumes
- No adverse events or UTIs

# THE EFFECT OF CYSTISTAT TREATMENT ON PATIENTS WITH IC/PBS

## Conclusions

Cystistat treatment reduced the pain in patients with IC/PBS

Administration is simple and accepted by the patients